



It seems like we just said goodbye to winter and now spring is almost over. The leaves are out on the trees, birds are singing and Summer will officially arrive on June 21st which is also the longest day of the year.

Happy Father's Day to all our men and Father's here at The Grenadier. Father's Day will be celebrated on Sunday June 19th, 2011. Check the activity calendar and menu for events happening around this day in commemoration of Fathers.

The Wellness Hour including the blood pressure clinic is back! The clinic will usually be held from 10 AM—11 AM on the first Friday of each month in the 1st floor lounge, please consult the activity calendar for the exact date and time.

Enjoy the beautiful weather and hope to see you in attendance at the special events planned for June. Come out and have some fun! Catherine and her team have a great trip planned for the Fallsview Casino in Niagara Falls. Don't miss this opportunity—contact Catherine or one of the recreation staff to book your place.

Important REMINDER: The Grenadier is a very busy place and many people come and go each day, some are friends and family, others are strangers. Please do not open the exterior doors for people to come into the Grenadier, unknowingly you may let someone in that does not belong and jeopardize our security. There are telephone systems for visitors to gain entry into the Grenadier and we request that all visitors report through the front doors and the reception desk.

As well, if you are not expecting company or a service call, and someone comes to your suite, please do not open your door and contact the reception desk immediately. Required services should always be coordinated through The Grenadier. If it is nursing or personal care then Melody Wolfram, Resident Services Manager should be involved with setting up and discussing the proper procedures to follow. If it is housekeeping, laundry, cleaning of carpets or maintenance then Vito Pasquale, Environmental Services Manager should be contacted via the front desk and services logged in the appropriate record.

Payment for services provided by The Grenadier should **never** be paid for by cash to the individual providing the service, The Grenadier will bill you for services on your monthly invoice. If payment by cash is requested please refuse payment and report such requests to me.

Thank you to everyone for your attendance at our 25th anniversary events—they were all a great success. Please join us on June 1st for the finale—free pizza lunch for everyone in the dining room starting at 11:45 AM and free pizza lunch and prize bingo in the 1st floor lounge starting at 12 noon until 3 PM. And, don't forget the wine and cheese art show and book signing event which will be held from 5:30 PM until 8 PM on June 1st—in the front lobby and 1st floor lounge.

Enjoy the beautiful weather and when the hot weather arrives please do not forget to drink lots of water and protect your skin from the sun.

Dwight Mountney, GM
& All The Grenadier Staff



June is just around the corner and that means it is Seniors' Month in Ontario. What a wonderful opportunity for all Ontarians to recognize and value the contributions made by seniors every day in communities across the province. Take some time during the month to thank a Senior who has worked hard and continues to contribute to the prosperity we all enjoy today.

FALLSVIEW CASINO TRIP

WEDNESDAY JUNE 29th, 2011,
 BUS IS LEAVING the GRENADIER AT 10 AM - RETURNING FROM THE CASINO to the GRENADIER AT 5 PM
 COST PER PERSON IS \$12.00
 ALL NAMES AND PAYMENT ARE TO BE GIVEN TO CATHERINE BY : JUNE 13th, 2011 BEFORE 5 PM
WE NEED A MIN. OF 25 PEOPLE TO SIGN UP ~ PLEASE JOIN US FOR A FUN FILLED DAY!

Education
 Thursday JUNE 30th 11:00 in the
 Theatre room
TOPIC IS ON ALLERGIES
PLEASE JOIN US .

Food Advisory
 Wednesday JUNE 15th at 10:00 am in
 the 1st floor lounge.

DR. MAH
 Will visit the Wellness Centre on
 June 1st, 15th, & 29th

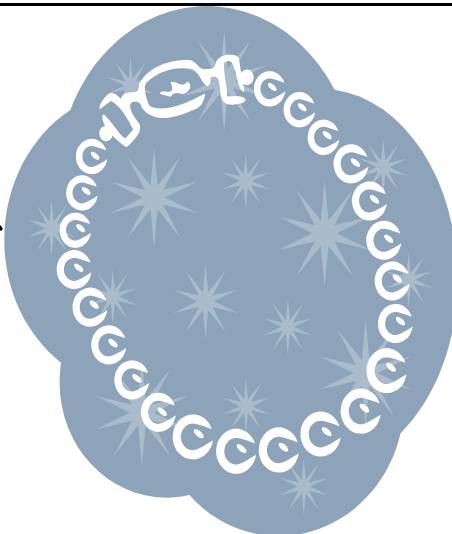
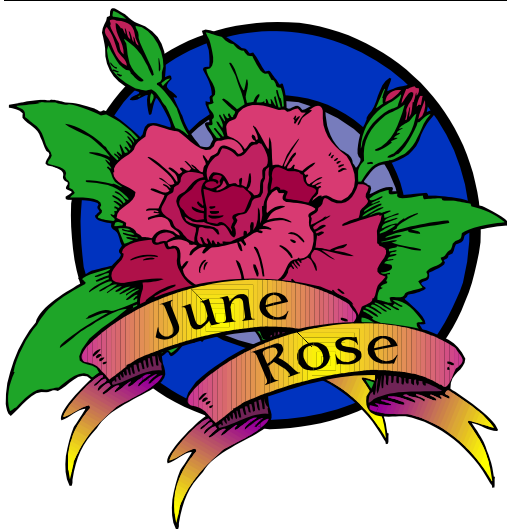
Vashi Foot Care 905-450-3785

Happy Seniors Month
To all our residents

Please fill out the quiz and submit it at the reception desk for a chance to win a prize. The draw will be held at the Birthday tea on June 28th, 2011

June OUTING
JUNE 16th, 2011@ 1:30pm
CLOVERDALE MALL

Please sign up
 at reception



All residents and family are welcome to attend Services that are held In the Activity room Every Sunday at 2 pm .

- June 5 Rev. Linda Pennock Windermere United
- June 12 David Emery, Baptist
- June 19 Rev. Dan West Runnymede Presbyterian
- June 26 St. Martins in the Field, Anglican
- June 18 Kingsview Village Hymn sing

Please join in the Book club held in the A building quiet room (3rd floor) on June 20th, 2011 at 2 PM



Room Bookings

Please See Catherine (Recreation Manager) if you are interested in booking any room for your special event ~

Activity room is booked every Sunday at 2 pm for church service.
 1st floor lounge is booked 2nd Wed. of each month from 11AM until 12 Noon for Brain Gym.
 The Activity Room will be booked on Wednesday June 8th from 12 noon until 1:30 PM.